



REQUEST FOR ACCESS TO PROTECTED HEALTH INFORMATION

You have a right to access and inspect records containing your protected health information (PHI) that Optum keeps and uses to provide services to you. According to the Health Insurance Portability and Accountability Act, these records are called the Designated Record Set (DRS).

Use this form to state the type of records you need and provide the date range for your request. Be as specific as possible. We can provide information for a maximum of six years prior to the date your request is received.

Optum may impose a reasonable, cost-based fee for a copy of your protected health information, as permitted by the Privacy Rule.

Optum will respond to requests submitted by your authorized representative, such as a parent, court-appointed representative or other family member, provided your representative is authorized by you to receive your PHI. However, we may ask for more information from you or your authorized representative to verify the right to act on your behalf.

Your request for a DRS applies only to services provided by Optum. To obtain other PHI regarding services or benefits not provided by Optum, contact the company that provides those services or benefits.

If we are unable to send a copy of your DRS within 30 days from the date we receive your request, we will let you know about the delay.

If you have questions about this form, please call 1-800-777-3574 and speak with a customer service advocate.



REQUEST FOR ACCESS TO PROTECTED HEALTH INFORMATION

Use this form to request access to your protected health information (PHI) from Optum. When filling out this form, please complete all sections, print information clearly and provide your most current information. Once the request is approved, a copy of your PHI will be mailed to you or your authorized representative.

1 Patient information (please provide current information)

Last Name	First Name	MI
Mailing Street Address		Apt. #
City	State	ZIP
Date of Birth (mm/dd/yyyy)	Gender O M O F	Date of Injury (mm/dd/yyyy)
Phone Number with Area Code		

2 Type(s) of information requested

Please choose one of the following options to indicate what type(s) of information you would like to receive:

Option 1: A report that summarizes my order history

Option 2: Other PHI. Please describe: _____

3 DRS format

I would like this information provided to me as follows:

Hard paper copy by mail

Electronic sent via secure email to this email address: _____

Electronic format requested (DRS will be sent as PDF documents if the following field is left blank): _____

4 Date range of information requested

I would like this information for the following dates:

From (mm/dd/yyyy) _____ to (mm/dd/yyyy) _____ Six years prior to the date of this request

Please note: Optum can provide a report covering a maximum of six years prior to the date we receive this request.

5 Member/authorized representative signature

I authorize the release of my protected health information to be sent to me; to others as directed in a signed authorization; or to others authorized to act on my behalf, at the address stated in Section 1 of this form. I understand that this request does not apply to certain types of disclosures, including for treatment, payment or health care operations.

X _____ Date _____
Patient or Authorized Representative Signature

Important: If legal documentation is not on file with Optum, the authorized representative, including the parent, legal guardian, or executor of an estate, must attach a copy of legal documentation to this form.

Authorized Representative's Name	Phone Number with Area Code
Mailing Street Address	
Apt. #	
City	State
ZIP	
Relationship to Patient and Authority to Act for Patient	

6 Please mail the completed form to: Optum, Attn: Medical Records 250 Progressive Way, Westerville, OH 43082 or fax to 1-614-212-8008

